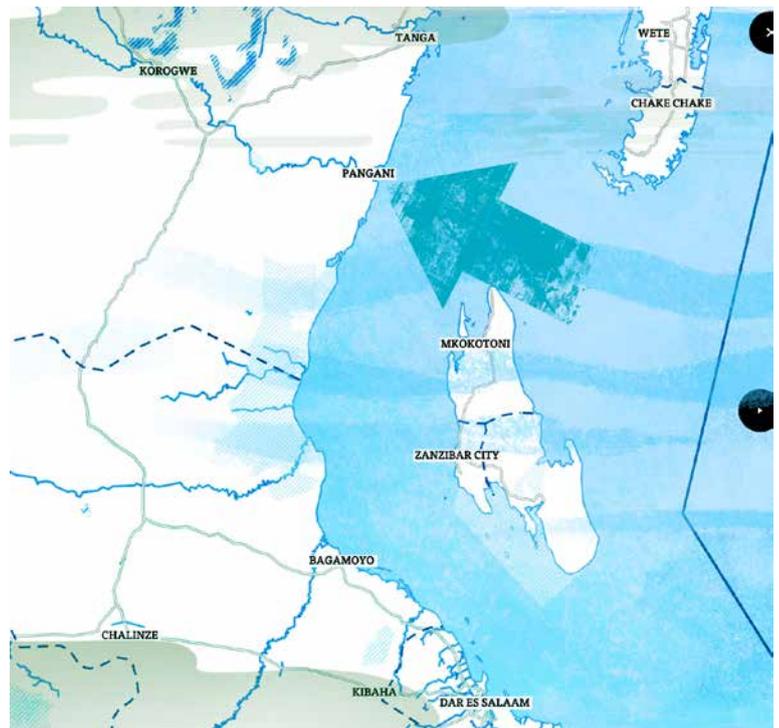
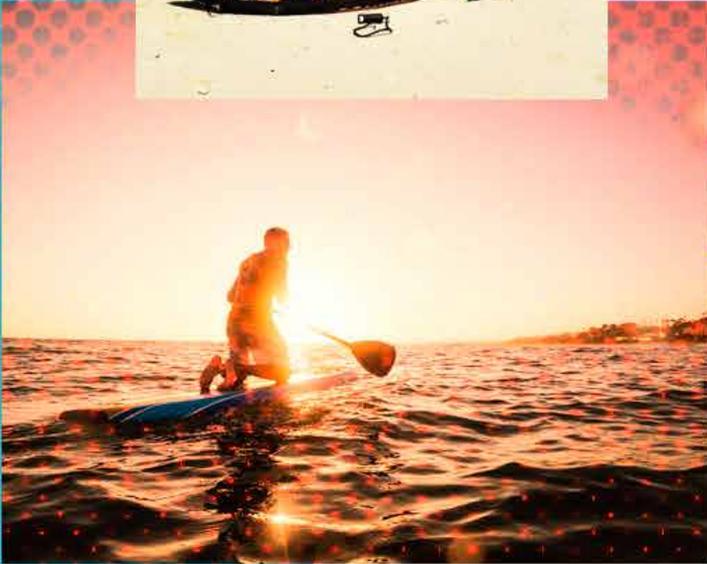


THE PLAN

We're going to be spending February in our own little slice of paradise. This part of the East African coastline is blessed with trade winds that have been bring ship across the Indian Ocean for millennia... just waiting for kitesurfing to come along.

The place we're going is set between two towns, Tanga & Pangani, and is an unbelievable spot. For kitesurfing there are offshore flat water sandbars that only expose on low tide, mangrove forests to downwind through, perfect shallow waters to teach in and the whole place has an 'edge of the world' feel. Wilderness and adventure.





We're going down in the height of the Kaskazi season when the wind will be blowing a steady 15 – 22 knots every day from the north-east. The wind switches on in the morning after breakfast and switches off in the evening just in time for a sundowner.

Of course we won't just be kitesurfing, we'll be doing yoga, fishing, exploring on SUPs (Stand Up Paddleboards), eating healthy and exploring the Swahili culture.



THE DETAILS

We'll be staying in a little resort called Peponis. This the little slice of heaven we've chosen for our adventures. This is a small(ish) resort right on the beach run by English friends of ours – and we make a hell of a team.

Peponis offers all kinds of accommodation from a bring your own tent set up, right the way up to luxury en-suite bandas. It also has an in house restaurant, a bar, a pool... actually there loads of stuff – probably best to check out their own website over here.

This is what everyone gets included in the price of their trip:

- **TRANSFERS TO AND FROM DAR ES SALAAM**
- **9 NIGHTS ACCOMMODATION**
- **THREE BEAUTIFUL LOCAL MEALS EVERY DAY**
- **YOGA CLASSES EVERY MORNING**
- **AN EPIC SANDBAR KITING ADVENTURE**
- **BOAT RESCUE WHEN OUT IN THE WATER**
- **PREVIOUSLY UNSEEN LEVELS OF CRAIC**

PRICING

€790

– This is for those who are fully independent kitesurfers with their own equipment – all they need is a little bit of help with new tricks.

This Includes:

- Daily clinics on new tricks and general kite tips (emergency pack down, kite trimming, riding strapless etc)
- Somebody constantly keeping an eye on you and the comfort of a rescue boat at all times.

€890

This is for those who are already reasonably confident at kitesurfing but who don't have their own equipment.

This Includes:

- Three hours guaranteed equipment use per day
- At least an hour a day attention from a qualified instructor
- Somebody constantly keeping an eye on you and the comfort of a rescue boat at all times.

€990

This is for everyone from complete first-timers all the way up to people ready to get up on the board.

This Includes:

- Three hours of kitesurfing lessons from a qualified instructor every day for 7 days, and a further two days of equipment rental
- Somebody constantly keeping an eye on you and the comfort of a rescue boat at all times.

Return flights from Dublin to Dar Es Salaam are coming in at between €380 – €550

A tropical beach scene with palm trees and a thatched hut. The text 'WHAT TO BRING' is overlaid in large, white, perforated letters.

WHAT TO BRING

This is a pretty adventurous trip so there are a few bits and pieces to bring

Suncream, suncream.... And a bit more suncream. Factor 50+ even if you're sallow

Sun hat and sunglasses

Rash-t for sun protection, you won't need a wetsuit as the water's a cool 27 degrees

Sri Lanka visa for a cool \$20 to be found lurking on the other side of [this link](#)

Travel insurance – a standard policy that includes Sri Lanka will do

Membership of the IKSA this will cover you for any accidents that happen while kitesurfing for up to 90 days out of Ireland

Inoculations – if you have any queries about what shots you'll need here's a good place to start

<http://www.fitfortravel.scot.nhs.uk/destinations/africa/united-republic-of-tanzania.aspx>

Aside from that just your usual holiday stuff. Shorts, t-shirts, towel... wanderlust.

